## Washing instructions for full body wash with Hibiscrub 40 mg/ml (Double shower)

It is important to wash your entire body every time. Follow the care personnel's instructions for washing. Ask for help if you cannot reach everywhere.

1

Remove watch, rings and other jewellery. Wet your whole body and turn off the water.



2

Take Hibiscrub and wash your hair. Avoid getting solution/lather in your eyes and ears.



3

Take more HiBiScrub in your hand or on a new wet sponge and wash your entire body thoroughly. Start from the top and work your way down.



- Around your nose and mouth
- Armpits
- Navel
- Genitals and groin



4

Rinse off all soap.



5

Repeat points 2-4.
You have now taken what is referred to as a Double shower.



4

Dry with a clean towel. Start from the top and work your way down. Put on clean clothes and change the bedding.







Item no. 59 23 78 Item no. 59 60 23

Active substance: Chlorhexidine.

Pharmaceutical Form: Skin disinfection solution 40 mg/ml (pale yellow).

Contains: Active inredient; Chlorhexidine digulonate 40 mg/ml. Other substances: Poloxamers, lauryl dimethylamine oxide, isopropyl alcohol, d-gluconolactone, glycerol, macrogolglycerol cocoate, purified water.

Mode of action: Hibiscrub is an antiseptic skin clenser, which means that it kills or inhibits the growth of many bacteria and fungi, and thus helps to prevent wound infections.

Area of use: Hibiscrub is used to disinfect the skin, thereby helping to prevent wound infections. A second wash gives an extended effect.

**Caution:** Hibiscrub is only for external use and use on the skin. Avoid getting the product in your eyes or ears – for more information please see the bottle label.

Dosage: Wash your hair with approx. 10 ml Hibiscrub

Wash the rest of your body with approx. 15 ml Hibiscrub Avoid contact with eyes and ear canals. The amount of Hibiscrub needed may vary between people on account of body size and hair volume. We therefore recommend at least 25 ml in total for each hair and body wash (i.e. 50 ml per double shower).



